

“But these are written so that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have *life* in his name.”

John 20:31

Today is a Focus Day.

*Each week will begin with a focus day. This will be an opportunity for you to focus in on a verse that you will get to explore later this week.*

*The goal of today is for you to rest and reflect—something this world does not often offer to us. Find comfort and peace in these words from this one, singular verse.*

*Seek ways to take it with you this week as you take it to heart.*